



WELCOME TO PYRAMID CARE FOSTERING SERVICES.

A GUIDE FOR CHILDREN.

My Name is

My Foster carer's name is

.....

I live at

.....

Telephone number

My social worker's name is

My social worker's number is

PCFS worker telephone number

My Birth Family



A puppy goes into care...

Peter the puppy has to leave his Mum and Dad,

This makes him feel very sad.

He has to leave behind

A place he called home,

Peter feels unsettled,

He thinks he's all alone.

What was it like where
you used to live?



What did you like
best about where
you used to live?



Was there
anything you
didn't like?





**My name is Holly. I have
a new home too!**

**I am quite small,
In fact only 20cm tall!**

**Being this small isn't
fair,**

**But I feel better with a
bow in my hair!**

**My eyes are brown, my
hair is too,**

**Do I look the same as
you?**

About me

My age is.....

My eyes are.....

My hair colour is.....

I am.....cm tall.

This is a picture of me →



Saying Goodbye is
difficult

Yesterday I felt...

Today I feel...



What is fostering?

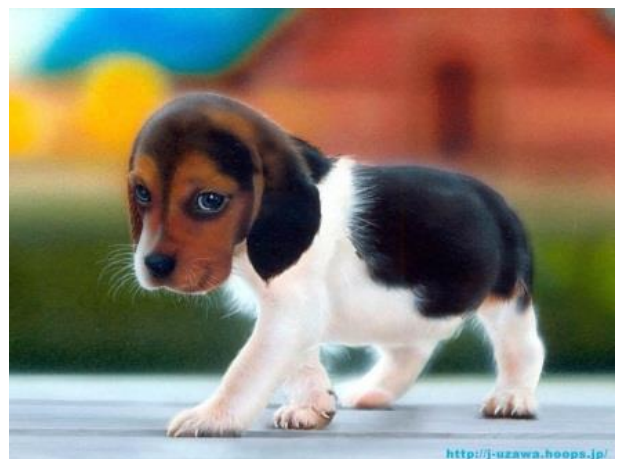


**All these puppies now live together,
For Peter and Holly this is something new.
They are now being 'looked after',
Just the same as you!**



‘Looked after’ means being cared for in another family, at a time, when your own family is unable to look after you.

Fostering means living with another family who have been trained to look after you and to help you with all the things that children need and learn as they grow up. They want to help you to enjoy being a child.





My new home.....
What happens now?

Peter's now in his new home,
He will have a bedroom of his own.
He wants to know how long he'll be here,
And is his new school very near?
Can he talk to his family on the phone?
Are there rules in his new home?

How long will I stay here?



Are there any house rules?

Things I want to keep safe in my room?

What are the plans for my care?

Your new home



What's your foster home like?

?

What do you find difficult?

What do you like best?

Key People



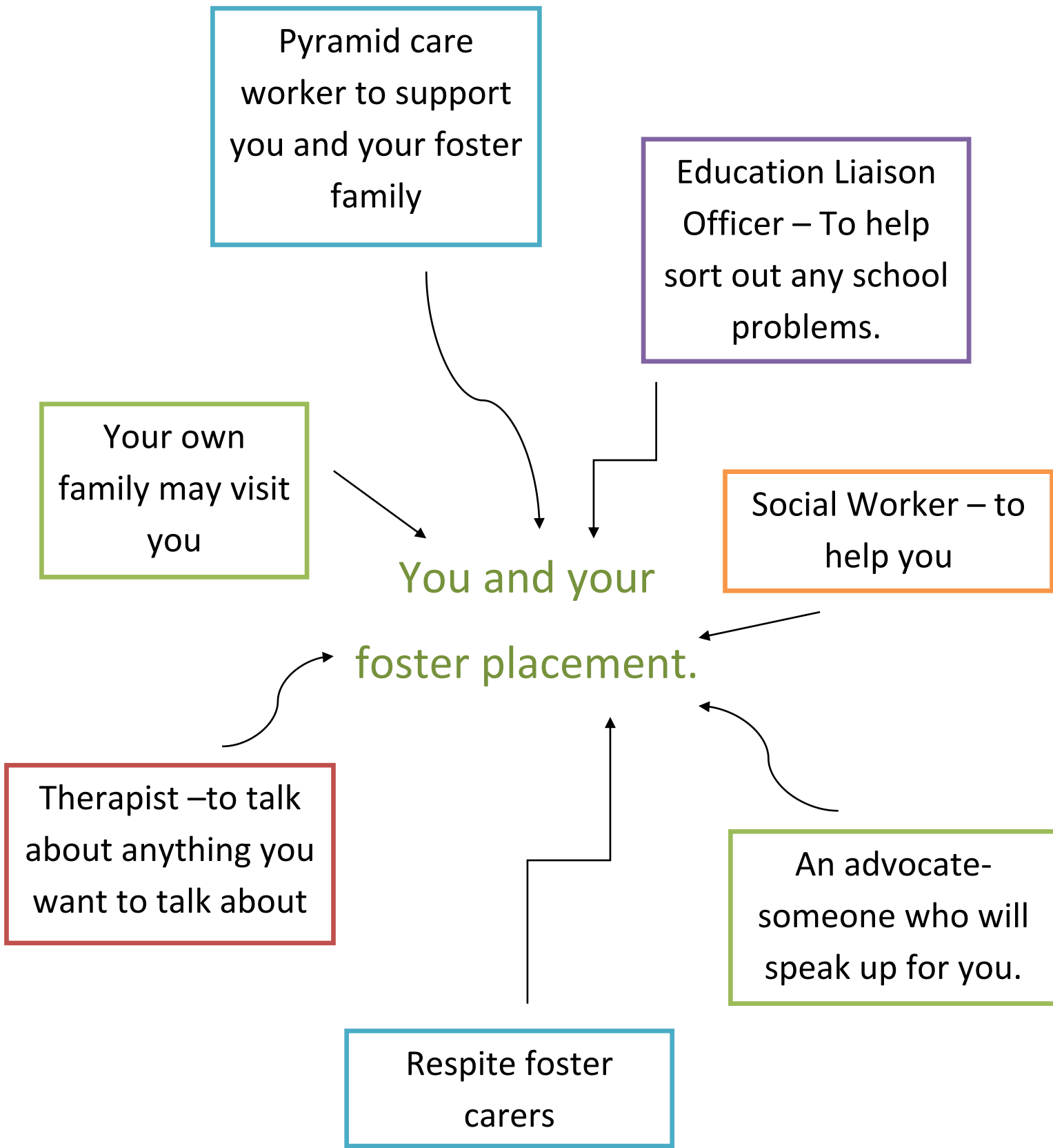
Who will check that I
am ok?

Holly's carers tell her of the visits,

When people will come to see

That Holly has settled in,

And is happy as she can be.





**Holly walks around the house,
She carries her favourite teddy bear.
It is a new place for them both to stay,
A home they all can share.
Her carer asks her what she likes to
do?
And makes sure that Holly has lots of
toys to play with too.**

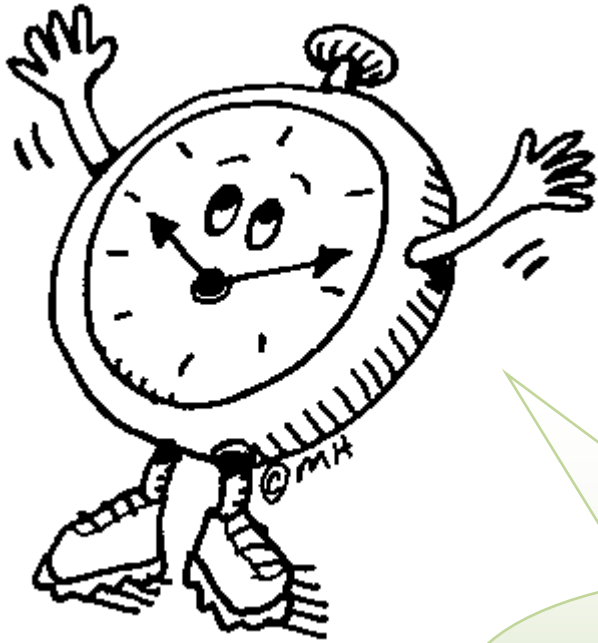


What things do you like to do?





All too soon it's bedtime for
Holly,
Holly says goodnight,
And as she lays and closes
her eyes,
She squeezes her teddy bear
tight.



What time
is your
bedtime?

Do you like to have a
night light on?

Before you go to
sleep you like....

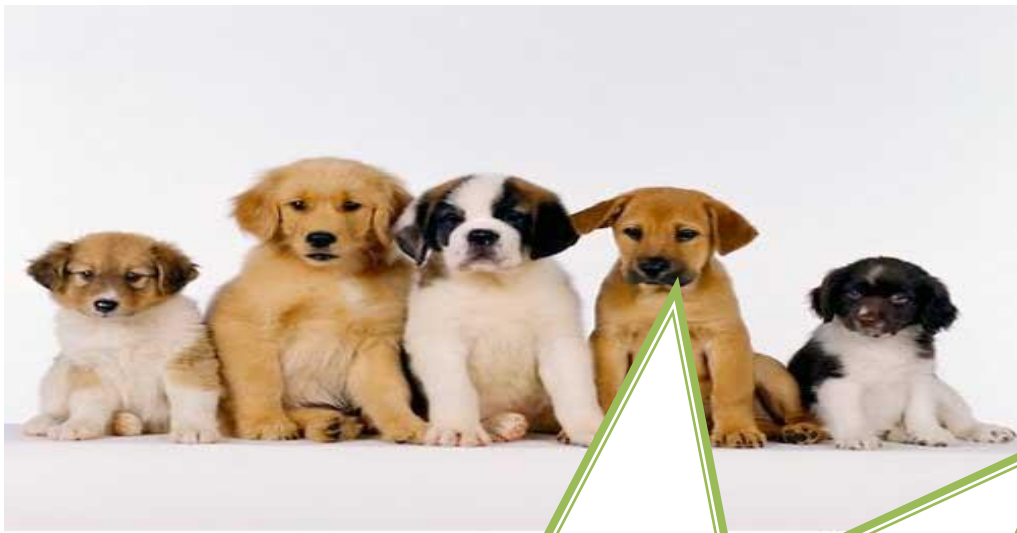
Peter will be going to a new school
He's worried about what he'll have to
do,

But his carers say not to worry
because he'll have new friends too.
He'll see his family sometimes as well

What is the
name of your
New school ?



Who are the
people that
can come and
see you?



It's been a tiring day,
Moving to a new foster home,
But now everyone has a safe place to
stay,
And no one is all alone.

What things make you feel safe? :

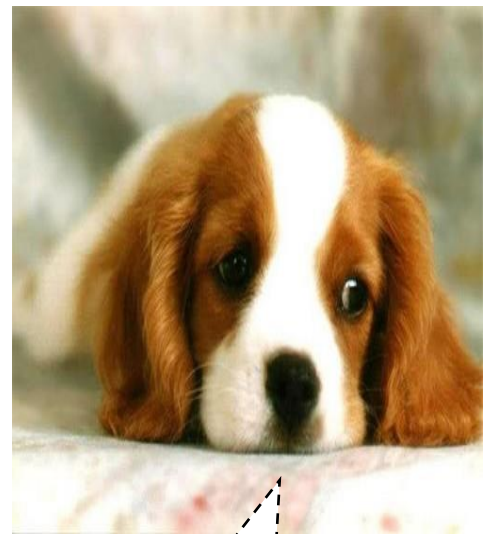


I'm a worried puppy!

If you have a problem,
Please just say,
And pyramid care will sort it out,
There is no need to hide or run away.

If you think you are being bullied tell someone you trust who can help you – your network.

If you are being bullied by your foster carer or by someone looking after you, you must tell your social worker or another adult you trust and they will get help.




If I am bullied what should I do?

Pyramid Care Fostering service has a complaints procedure to allow children and young people to tell an adult if they are unhappy or worried about something. It might be your foster carer, social worker, teacher. Talk to them and tell them what you are not happy with and they will try and sort it out.

If you are not happy, you (or they) could talk with their boss.

If you need further help, ask about complaints. You should be given a complaints leaflet when you first move in. If you can't find your leaflet ask for another one.

There are some useful numbers at the end of this pack.



What should I do if I want to make a complaint?



Important telephone numbers & addresses



My Doctor is

My Dentist is

My friends and family

My optician is

**USEFUL
CONTACT
DETAILS:**



Childline:
0800 11 11
Or
0800 88 44 44

Who
Cares?
Link line:
0500 564
570

Pyramid Care
Fostering
Service:
07916251524

Pyramid care
helpline:
07711791207
Or
01905 622322

Ofsted's
childrens
complaint line:
0845 6014
772

Children's
rights
director-
08005280731

NSPCC Child
Protection Line:
0808 800 5000